



**American
Red Cross**

Cape Cod and Islands Chapter

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Hyannis, Massachusetts
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Media Alert
MEDIA ALERT

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American Red Cross Offers Web based Training for First Aid, CPR and AED

Hyannis, Mass, July 13, 2009 -The American Red Cross, Cape Cod and Islands Chapter, now offers unique web based training tools for First Aid, CPR and AED, followed by a short skill session and testing for certification at the chapter house in Hyannis.

Classes available include: Adult and Infant and Child CPR/AED, First Aid, First Aid/CPR/AED for Schools and Community, CPR for the Professional Rescuer and several other classes aimed at CPR/First Aid/AED Instruction.

The student can sign up for the online training by simply going to capecodandislandsredcross.org, click 'take an online class' icon and choose the class of choice and register.

The online portion of the class takes the same amount of time it would take in a class room, different for each course. It could start at as little as 2 hours of online training and 2 hours of in-class training and certification. The big advantage of the online class is that students may take it at their own pace. Depending upon the class, it is possible to start and stop as you please within 14 days. Students may buy or print out the training manuals. After completing the online course, a date will be set for the completion of the skills session and testing.

All skills training classes will be held at the Chapter House on 286 South Street in Hyannis unless otherwise indicated. For schools, businesses, professional rescuers, clubs and organizations, alternate pricing, dates and locations are available by contacting the Chapter at (508) 775-1540, ext. 12.

The chapter also announces end of summer and fall schedules for its training courses to include all CPR/AED and First Aid as well as Babysitting, Pet First Aid and Chokesaver for Restaurant Emergencies. Class information and schedules are available online at capecodandislandsredcross.org or by calling (508) 775-1540 for more information.

For more information about training, volunteering or supporting the Cape Cod and Islands Chapter, American Red Cross, see the web site: capecodandislandsredcross.org, call toll-free (508) 775-1540 or write to: 286 South Street, Hyannis, MA 02601.

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