



Disaster Relief

Cape Cod and the Islands Chapter
286 South Street
Hyannis, MA 02601
(508)775-1540, 24 hours
info@cciredcross.org
www.capecodandislandsredcross.org

American Red Cross Publishes Information in English and Portuguese in Preparation of Hurricane Season

June 6, 2009, Hyannis, MA - Hurricane season officially started and runs through November 30th. The American Red Cross has information available for the public in special Be Red Cross Ready brochures in English and Portuguese to prepare members of our community to take simple steps that can save lives if our region is threatened by a hurricane.

A complete overview of what is needed to prepare is listed in the Be Red Cross Ready brochures and a special video available by on-line to capecodandislandsredcross.org. Brochures are available on-line and by calling the chapter at (508) 775-1540. Please indicate 3 Steps or 3 Passos to let us know which version of the brochure you're interested in.

Some tips:

- **Create and practice a Hurricane Plan:** Planning and practicing an evacuation plan minimizes confusion and fear during the event. Learn about your community's hurricane response plan. Plan routes to shelters, register family members with special medical needs, and make plans for your pets.
- **Assemble an Emergency Preparedness Kit:** Pack a first aid kit, essential medications, foods that don't require cooking or refrigeration, manual can opener, bottled water, flashlights, battery-powered radio and extra batteries.
- **Heed Warnings:** Listen to radio and TV stations for updated information. A Hurricane WATCH means hurricane conditions could threaten within 36 hours. A Hurricane WARNING means hurricane conditions are expected within 24 hours.
- **Prepare your Home:** Secure anything that can be picked up by the wind (bicycles, lawn furniture, trash cans, potted plants, etc.). Close windows, doors and hurricane shutters. If you don't have shutters, board up windows and doors with plywood. Turn off propane tanks and unplug small appliances.
- **If storm watches and warnings are issued, please always listen to the radio for information about shelters opening etc.** The Red Cross will also strive to put the latest information up on the web site capecodandislandsredcross.org

For more information about preparedness, about training, volunteering or to make a donation, please contact the American Red Cross, Cape Cod and Islands Chapter at 286 South Street, Hyannis, MA 02601. Internet users can make a secure online contribution at capecodandislandsredcross.org or call (508) 775-1540.

-- xxx--