



**American  
Red Cross**

Cape Cod and Islands Chapter

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*Media Alert*  
**MEDIA ALERT**



### ***American Red Cross Offers Flexible Web based Training for First Aid, CPR and AED***

Hyannis, MA, November 1, 2009 -The American Red Cross, Cape Cod and Islands Chapter, now offers unique online training tools for First Aid, CPR and AED, followed by a short skill session and testing for certification at the chapter house in Hyannis.

Classes available include: Adult, Infant and Child CPR/AED, First Aid, First Aid/CPR/AED for Schools and Community, CPR/AED for the Professional Rescuer and several other classes aimed at CPR/First Aid/AED Instruction.

The student can sign up for the online training by simply going to [cciredcross.org](http://cciredcross.org), click 'take an online class' icon and choose the class of choice and register.

The online portion of the class takes the same amount of time it would take in a classroom, different for each course. It could start at as little as 2 hours of online training and 2 hours of in-class training and certification. The big advantage of the online class is that students may take it at their own pace and time. Depending upon the class, it is possible to start and stop as you please within 14 days. After completing the online course, a date will be set for the completion of the skills session and testing. Students receive training manuals at their skills session.

All skills training classes will be held at the Chapter House on 286 South Street in Hyannis unless otherwise indicated. For schools, businesses, professional rescuers, clubs and organizations, alternate pricing, dates and locations are available by contacting the Chapter at (508) 775-1540, ext. 12.

Schedules for all training courses in CPR/AED and First Aid as well as Babysitting, Pet First Aid and Chokesaver for Restaurant Emergencies are available online at [cciredcross.org](http://cciredcross.org) or by calling (508) 775-1540 for more information.

For more information about training, volunteering or supporting the Cape Cod and Islands Chapter, American Red Cross, see the web site: [cciredcross.org](http://cciredcross.org), call toll-free (508) 775-1540 or write to: 286 South Street, Hyannis, MA 02601.

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