



**American  
Red Cross**

Cape Cod and Islands Chapter

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Hyannis, Massachusetts 02601  
Phone: (508) 775-1540  
Or (866) 762-1928  
[www.cciredcross.org](http://www.cciredcross.org)

## Media Alert

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### ***American Red Cross Offers New Wilderness and Remote First Aid Course***

Hyannis, Mass, May 14th, 2010 -The American Red Cross, Cape Cod and Islands Chapter, will organize a new Wilderness and Remote First Aid Course. The class will be held on June 26<sup>th</sup> and 27<sup>th</sup> from 9am to 5pm at Camp Greenough in Yarmouthport, MA. The class is based on the Boy Scouts of America (BSA) *Wilderness First Aid Curriculum and Doctrine Guidelines* and meets BSA requirements for High Adventure Camps. It has been reviewed and/or supported by the American Camp Association, American Canoe Association, National Recreation and Park Association and JCC Association.

Enrollment is available online at [cciredcross.org](http://cciredcross.org) or by calling (508) 775-1540.

Topics Include:

- Head (Brain), Neck and Spinal Injuries
- Hypothermia
- Allergies and Anaphylaxis
- Bone and Joint Injuries
- Wounds and Wound Infection
- Heat-Related Emergencies
- Altitude-Related Illnesses
- Burns, and more....

Wilderness First Aid is a good basic course in backcountry emergency response for almost any location. This 16 hour course is for those who work, live or play in remote areas – away from the usual EMS service. Even though the emergency workers near these areas may be trained to search for and rescue those in need, there may be a delay in the notification of assistance, the time required to get to the patient, or in moving the patient to more advanced treatment.

This class covers assessment and urgent first aid techniques, but not in-depth CPR. Basic first aid skills are covered, making this course appropriate for anyone regardless of experience level. No prerequisites are required. A certification can be issued that has an expiration of 3 years and serves as a Basic First Aid certification as well. A minimum age of 15 is recommended for participants due to the serious nature of the course and scenarios. Cost of this 16 hour class is \$145.

The American Camping Association has approved the American Red Cross ***Wilderness First Aid Basics*** for the Part C First Aider in their accreditation standards. The Boy Scouts of America have also recommended this Red Cross course.

The types of people needing more advanced training in first aid could be:

- Hikers and Backpackers
- Scouting leaders and older scouts
- Kayakers and canoers
- Farm workers
- Utility workers in remote areas
- Forest Rangers
- Law enforcement and rescue crews

To enroll in the course or for more information about training, volunteering or supporting the Cape Cod and Islands Chapter, American Red Cross, see the web site: [cciredcross.org](http://cciredcross.org), call toll-free (508) 775-1540 or write to: 286 South Street, Hyannis, MA 02601.

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