



American Red Cross

Cape Cod and Islands Chapter

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Media ALERT

Cape Cod and Islands Chapter, American Red Cross Organizes “Water Safety Today” Classes for Facilities with Swimming Pools

Hyannis, Mass, February 23rd, 2010 – The American Red Cross, Cape Cod and Islands Chapter will organize a number of classes called “Water Safety Today”. This course teaches individuals how to recognize, prevent and respond to emergencies in, or around the water. The next class will be held on Wednesday, March 10th from 1 to 3 pm at the Hyannis Chapter House at 286 South Street, Hyannis, MA. Cost is \$35. Registration is available online at www.cciredcross.org or by calling (508) 775-1540.

Individuals will learn to:

- Identify and discuss the hazards and risks that are present in an aquatic environment
- Identify and discuss water safety tips that help individuals remain safe in, on or round the water.
- Identify and discuss water safety tips of specific aquatic environments such as home pools, lakes, and rivers, spas and water parks.
- Identify and practice important basic lifesaving techniques, that can be used to help someone in trouble in the water
- Identify the benefits of learning how to swim.
- Identify ways parents or caregivers can help prepare their child for a positive swimming lesson experience.

This class meets the Town of Yarmouth Department of Health requirement and the Provisions of Chapter 111, Section 31 of the Massachusetts General Laws.

Classes will be held at the Chapter House on 286 South Street, Hyannis at a cost of \$35 per person. For groups of 8 or more, instructors can come to the pool site.

March 10	Wednesday	1:00 pm to 3:00 pm
April 14	Wednesday	1:00 pm to 3:00 pm
May 15	Saturday	1:00 pm to 3:00 pm
June 16	Wednesday	1:00 pm to 3:00 pm

Registration and prepayment are required for Chapter House classes. For more information and special on-site classes, contact Karen Whiting, Director of Preparedness for the Cape and Islands Chapter of the American Red Cross at (508) 775-1540 x 12 or kwhiting@cape.com.

Sign up and more information for individuals interested in the class is also available on the web site: www.cciredcross.org or by calling (508) 775-1540.

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