



**American
Red Cross**

Cape Cod and Islands Chapter

286 South Street
Hyannis, Massachusetts
02601

Phone: (508) 775-1540 x12
Or (866) 762-1928

Contact: Karen Whiting
Kwhiting@cape.com
(508) 775-1540 x 12

Media Alert

American Red Cross Announces Schedule for August and September Classes on Martha's Vineyard

Hyannis, Mass, August 5, 2009 - The American Red Cross, Cape Cod and Islands Chapter is organizing a number of CPR, AED and First Aid classes this August and September for residents of Martha's Vineyard. All classes will be held at the YMCA, 57 Pequot Ave., Oaks Bluffs.

The classes that will be held on August 8, 2009 are Adult CPR/AED, Adult CPR/AED & First Aid. The Adult CPR/AED begins at 8:30 am and lasts until 12:30 pm. This course covers rescue breathing, first aid for choking, recognizing a heart attack, and Adult CPR and AED. The certificate is valid for one year and the cost of the course is \$50. The Adult CPR/AED & First Aid also begins at 8:30 am and lasts until 3:30 pm. This course covers knowledge and skills necessary to recognize and care for injuries and sudden illness, as well as Adult CPR with AED. The First Aid certification is valid for three years and the CPR/AED certification is valid for one year. The cost of the course is \$60.

Three classes will be held on September 12, 2009. The first is **Infant & Child CPR** which begins at 8:30 pm and lasts until 12:30 pm. This course covers knowledge and skills necessary to prevent, recognize and provide basic care for breathing and cardiac emergencies in children and infants. The certificate is valid for one year and the cost of the course is \$45. Another **Adult CPR/AED and First Aid** class will be held this date from 8:30 pm until 3:30 pm for \$60. Finally, an **Infant & Child CPR and First Aid** class will be held from 8:30 pm until 3:30 pm. This course covers knowledge and skills necessary to recognize and care for injuries and sudden illness, as well as CPR for Infants and Children. First Aid certification is valid for three years. CPR certification is valid for one year. The course costs \$60.

To register for classes or for further information, please contact the Cape Cod & Islands Red Cross at (508) 775-1540 or enroll online at www.capecodandislandsredcross.org Payment required for registration. Cancel at least 24 hours prior to class or a \$10 fee will be charged.

For more information about training, to become an instructor, to volunteer or to support the American Red Cross Cape Cod Islands Chapter, write to 286 South Street, Hyannis, MA 02601, call (508) 775-1540 or visit capecodandislandsredcross.org

###