



**American  
Red Cross**

Cape Cod and Islands Chapter

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*Media Alert*  
**MEDIA ALERT**

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***American Red Cross organizes Adult CPR/AED and First Aid Class on Martha's Vineyard on January 8th, 2011***

Hyannis, Mass, December 30th, 2010 -The American Red Cross, Cape Cod and Islands Chapter, will hold an Adult CPR/AED and First Aid class on January 8th, 2011 at the new YMCA on Martha's Vineyard at 111 Edgartown-Vineyard Haven Road in Oak Bluffs, The Adult CPR/AED portion will be held from 8:30 am – 12:30 pm and costs \$55. The First Aid class portion of the class will then continue till 3:30 p.m. Cost for the CPR/AED and First Aid is \$65. Enrollment is available on-line at [www.cciredcross.org](http://www.cciredcross.org) or by calling toll-free (508) 775-1540.

This course covers knowledge and skills to prevent, recognize and provide basic care for cardiac and breathing emergencies and Automatic External Defibrillator (AED) use. The Adult CPR/AED certification is valid for two years. First Aid certification is valid for two years as well. Students will receive training manuals and certification cards.

For information about classes, schedules, registration as well as information about disaster preparedness, volunteering or donating, go to the web site: [www.cciredcross.org](http://www.cciredcross.org) or call toll-free (508) 775-1540.

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