



**American
Red Cross**

Cape Cod and Islands Chapter

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Media Alert
MEDIA ALERT

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American Red Cross organizes Adult CPR/AED and First Aid Class on Martha's Vineyard on August 14th, 2010

Hyannis, Mass, August 5th, 2010 -The American Red Cross, Cape Cod and Islands Chapter, will hold an Adult CPR/AED and First Aid class on August 14th, 2010 at the new YMCA on Martha's Vineyard at 111 Edgartown-Vineyard Haven Road in Oak Bluffs, The CPR/AED portion will be held from 8:30 am – 12:30 pm and costs \$55. The First Aid class portion of the class will then continue till 3:30 p.m. Cost for the CPR/AED and First Aid is \$65. Enrollment is available on-line at www.cciredcross.org or by calling toll-free (508) 775-1540.

This course covers knowledge and skills to prevent, recognize and provide basic care for cardiac and breathing emergencies and Automatic External Defibrillator (AED) use. The Adult CPR/AED certification are valid for one year. First Aid certification is valid for three years. Students will receive training manuals and certification cards.

The Red Cross now also offers a blended learning combination. This consists of an online training portion followed by a short period of class training and certification testing. For more information, check out www.cciredccross.org

For information about classes, schedules, registration as well as information about disaster preparedness, volunteering or donating, go to the web site: www.cciredcross.org or call toll-free (508) 775-1540.

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