



**American  
Red Cross**

Cape Cod and Islands Chapter

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*Media Alert*  
**MEDIA ALERT**

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## **American Red Cross to Recognize Harwich Firefighter Tom Gould at the 8th Annual Heroes Breakfast on March 4th**

***Tickets and Sponsorships Now Available at [www.cciredcross.org](http://www.cciredcross.org)***

Hyannis, Mass, February 9, 2010 - The American Red Cross, Cape Cod and Islands Chapter, is pleased to announce that Firefighter Tom Gould will be honored as a Medical Hero at its 8<sup>th</sup> Annual Heroes Breakfast on Thursday, March 4, 2010 at the Resort and Conference Center at Hyannis, MA from 7:00-9:00 A.M. Tickets and Sponsorships are available via [www.cciredcross.org](http://www.cciredcross.org) or by calling (508) 775-1540.

Tom Gould is a Harwich Firefighter who exemplifies the commitment and professionalism that we all strive to achieve in our quest to serve the community. He was off duty, playing tennis one night, and witnessed his partner suffer cardiac arrest.

He was on the court at the Mid Cape Racquet Club when the gentlemen he had been paired with collapsed and went unconscious. Since Tom had seen an AED behind the front desk, he immediately asked one of the other players to run and get the AED and told another player to call 911 from his cell phone. The victim initially stopped breathing. Tom defibrillated, the pulse returned for about 10 seconds then stopped. He defibrillated a second time and then started chest compressions. A few seconds later, the patient awoke, was alert and talking.

The patient was transported to Cape Cod Hospital by the Yarmouth Police Department, and the outcome was positive. The fact that the AED was used successfully along with the professionalism of Firefighter Tom Gould made the difference in saving his tennis partner's life.

The Red Cross touches lives in our community every day through programs and services such as disaster relief and health and safety training. As an organization committed to helping the community, the Red Cross is honored to salute individuals and organizations, who are making a difference through their actions at its 8<sup>th</sup> Annual Red Cross Heroes Breakfast.

Tickets are available online at [cciredcross.org](http://cciredcross.org) or can be obtained by calling toll-free (508) 775-1540, ext. 21. Different levels of sponsorship are also available. You can write to: American Red Cross, Cape Cod and Islands Chapter, 286 South Street, Hyannis MA 02601 or send an email to [heroes@cciredcross.org](mailto:heroes@cciredcross.org).

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