



**American
Red Cross**

Cape Cod and Islands Chapter

135

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Media Alert **MEDIA ALERT**

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American Red Cross Organizes Online and In-person CPR Classes for Cape Cod Regional Tech Seniors

Hyannis, Mass, June 16th, 2010 -The American Red Cross, Cape Cod and Islands Chapter, has taught 135 seniors and teachers of the Cape Cod Regional Technical High School in Harwich a special Blended Learning CPR class.

The class started with approximately two hours of online training, which the students were able to do on a computer, either at home or at school, over a period of two weeks. Each student received his/her own login and password. A test concludes the online portion, ensuring that the student is ready for the practical portion of the class.

On May 26th, after all students finished their online portion, 7 instructors went to the school for a short review session and practical training, followed by a final test, after which the students received their CPR certification.



The students were very appreciative of the training and really enjoyed the new blended learning approach. A few of their comments:

"Thank you. This class will prove quite useful in many situations. Especially when I volunteer at a nursing home.

"Very nice and friendly instructor. Knowledgeable of the content taught. Fun and Interesting. Thank you from Cape Cod Tech.

"Thank you so much for your time and patience teaching us how to do CPR.

This class is part of the Training for Life initiative the chapter started three years ago.

For more information about supporting the Training for Life program, take other training programs, volunteering, instructing or supporting the Cape Cod and Islands Chapter, American Red Cross, see the web site: cciredcross.org, call toll-free (508) 775-1540 or write to: 286 South Street, Hyannis, MA 02601.

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