



Media Alert

Eastern Massachusetts Region
Cape Cod and Islands Chapter
286 South Street
Hyannis, MA 02610
Tel (508) 775-1540
Fax (508) 771-2209
www.cciredcross.org

For more information, contact Terri Tarozzi at (508) 775-1540 ext. 18 or ttarozzi@cape.com

For Immediate Release

American Red Cross Offers “Coping with Deployment” Course on April 30th

Hyannis, MA, February 18, 2011 - The American Red Cross, Cape Cod and Islands Chapter will offer a special Coping with Deployment, Psychological First Aid for Military Families course at the Chapel Support Building on the Massachusetts Military Reservation. The course will be offered free of charge on April 30, 2011 from 12:00 noon – 4:00 pm. Registration is required by calling (508) 775-1540 ext. 18 or emailing ttarozzi@cape.com.

The Coping with Deployments course was developed by the American Red Cross, specifically to address the stresses and strains that deployments place on the families of service members. The Red Cross worked closely with subject-matter experts from all service branches—along with National Guard and Reserve components—to complement what is offered in their courses.

The course is available to the family members of Reserve, National Guard and active duty service members, including spouses, older children, parents, siblings and significant others of services members who are currently deployed or will be deploying soon, as well as to service members who take it with their family. Veterans and their family members are also eligible. Members of the general public are not eligible to take this course unless they have a family member deployed or deploying.

The course provides important information on resiliency strategies for adults and children, as well as explaining the steps required in performing psychological first aid (PFA) for others under stress. It contains an adult module, a children’s module and a comprehensive resource and referral section.

This is the only national-level course specifically designed for military family members, including parents and significant others, that bridges all lines of service and provides hands-on tools to help families cope with deployments.

To sign up for this free Coping with Deployment course, registration is required by calling (508) 775-1540 ext. 18 or emailing ttarozzi@cape.com. Space is limited.

For more information about volunteering, training or making a donation to the Cape Cod and Islands Chapter, American Red Cross, go to the website, cciredcross.org, call (508) 775-1540 or write to American Red Cross, Cape Cod and Islands Chapter, 286 South Street, Hyannis, MA 02601

The Red Cross is not a government agency and does not receive federal or state funding. Local Chapters do receive some human resource support from the American Red Cross Headquarters, however, each Chapter is responsible for raising adequate funds to support all of its activities, including recruiting and training volunteers, and teaching life saving skills within its geographical coverage area. It relies on donations of time, money, and blood from the American public to successfully do its work.

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