



**American
Red Cross**

Cape Cod and Islands Chapter

286 South Street
Hyannis, Massachusetts
02601
Phone: (508) 775-1540
Or (866) 762-1928

Media Alert
MEDIA ALERT

Contact: Karen Whiting
kwhiting@cape.com
(508) 775-1540 x 12

American Red Cross organizes Adult CPR/AED and First Aid Class on Martha's Vineyard on May 8th, 2010

Hyannis, Mass, April 24, 2010 -The American Red Cross, Cape Cod and Islands Chapter, will hold an Adult CPR/AED and First Aid class on May 8th, 2010 at the YMCA on Martha's Vineyard at 57 Pequot Ave., Oaks Bluffs. The class will be held from 8:30 am – 3:30 pm and costs \$50 for Adult CPR/AED or \$60 for Adult CPR/AED and First Aid.

The Adult CPR/AED & First Aid class covers rescue breathing, first aid for choking, recognizing a heart attack, and Adult CPR and AED knowledge as well as skills necessary to recognize and care for injuries and sudden illness. The First Aid certification is valid for three years and the Adult CPR/AED certification is valid for one year. Students will receive training manuals and certification cards.

The Red Cross now also offers a blended learning combination. This consists of an online training portion followed by a short period of class training and certification testing.

Enrollment for all classes is available on-line at www.cciredcross.org or by calling toll-free (508) 775-1540.

Schedules and sign up are available on the web site: www.cciredcross.org or can be obtained by calling toll-free (508) 775-1540.

###