



**American  
Red Cross**

Cape Cod and Islands Chapter

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## *Media Alert* **MEDIA ALERT**

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### ***American Red Cross organizes Adult CPR/AED and First Aid Class on Martha's Vineyard on March 13th, 2010***

Hyannis, Mass, March 3, 2010 -The American Red Cross, Cape Cod and Islands Chapter, will hold an Adult CPR/AED and First Aid class on March 13th, 2010 at the YMCA on Martha's Vineyard at 57 Pequot Ave., Oaks Bluffs. The class will be held from 8:30 am – 3:30 pm and costs \$50 for Adult CPR/AED or \$60 for Adult CPR/AED and First Aid.

The Adult CPR/AED & First Aid class covers rescue breathing, first aid for choking, recognizing a heart attack, and Adult CPR and AED knowledge as well as skills necessary to recognize and care for injuries and sudden illness. The First Aid certification is valid for three years and the Adult CPR/AED certification is valid for one year.

Students will receive training manuals and certification cards.

The Red Cross now also offers a blended learning combination is available consisting of an online training portion followed by a short period of class training and certification testing. In honor of March as Red Cross month, online training classes are now available at a discount of \$10 off. Call the Chapterhouse for more information and the discount code to enroll. The next scheduled skill session on the Island is April 13th.

Enrollment for all classes is available on-line at [www.cciredcross.org](http://www.cciredcross.org) or by calling toll-free (508) 775-1540.

Schedules and sign up are available on the web site: [www.cciredcross.org](http://www.cciredcross.org) or can be obtained by calling toll-free (508) 775-1540.

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